



## ST ANN'S COLLEGE FOR WOMEN

(A Catholic Christian Minority Institution Affiliated to Acharya Nagarjuna University) (Recognised Under Section 2(f) of the UGC ACT 1956 - NEW DELHI) Amaravathi Road, Gorantla, Guntur-522036, Andhra Pradesh





## WORLD**FERTIL**I

NOVEMBER 2nd, 2024



WORLD FERTILITY DAY is observed annually on November 2nd, with a global spotlight on fertility awareness and support. World Fertility Day 2024 is an ideal opportunity to engage younger generations in understanding and upholding fertility awareness. To educate young women about reproductive health, the factors that influence fertility, and proactive steps to protect, St. Anns College for Women, Gorantla, Guntur took necessary initiative to send the students to participate in the WALKATHON 2024–25 organized by NOVA IVF FERTILITY CENTRE, Guntur on November 2nd 2024.

This 5K WALKATHON was inaugurated by Smt.Galla Madhavi, MLA, Guntur West along with the Management of Nova IVF Fertility. The walk started at 7.00 A.M from Lakshmipuram Centre and continued til<mark>l 8.30 A.M and</mark> all the participants reached the destination of NOVA IVF Fertility Centre at Kothapet, Guntur.

An awareness talk was conducted on the prevailing infertility issues in young women viz., PCOD, Thyroid, Obesity etc., The speakers suggested young women to maintain a healthy lifestyle to eradicate the problem of infertility in their future. Physical activity should be acquainted through walking, jogging, meditation, practicing aerobics, zumba dance to prevent infertility problems.

Around 25 students of our College participated in this Walkathon. All of them enjoyed the event and received participation certificates from the organisers. Principal of the College, Rev. Sr. Sandhya. T appreciated the Women Empowerment Cell, NSS, NCC and IQAC for the initiation towards the event.





www.stannscollegeforwomen.org

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